






October 2020

Young at Heart Activity Calendar

9-21-2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Vernon Evangelical Lutheran Church (VELC)</p>	<p>Young at Heart bulletin board in hallway.</p>	<p>If you like movies join us on one of the two Tuesdays...or both! Shows and time to be determined closer to the date.</p>	<p>***Farmer's Market at Field Park every Wednesday from 2:00pm-6:00pm through October 7</p>	<p>1 10:30am Crafts. Join us as we make a double sided scarecrow/snowman sign. See board for details. Limit 10.</p>	<p>2 9:30am Chair Yoga for Seniors behind the library. Masks and registration required. Fish Fry at St. James</p>	<p>3 9:00 am Apraxia Walk at Field Park in Mukwonago</p>
<p>4 Church at 9:15am</p>	<p>5 Go for a walk at Field Park</p>	<p>6 Marcus \$5with free popcorn. See board for details</p>	<p>7 Note the new date for Bible Study: Third Wednesday of each month.</p>	<p>8 12:00 PM - Food Truck Frenzy! (In person) with Indian Kitchen & Grill @ Mukwonago Library every Thursday</p>	<p>9 9:30am Chair Yoga for Seniors behind the library. Masks and registration required.</p>	<p>10 Mukwonago Fire Department Annual Open House at 10:00am</p>
<p>11 Church at 9:15am Blood Pressure Screening</p>	<p>12 Go for a walk at Field Park</p>	<p>13 9:00-noon Quilting at VELC. St. James Bingo</p>	<p>14 </p>	<p>15 </p>	<p>16 9:30am Chair Yoga for Seniors</p>	<p>17 Sweetest Day!</p>
<p>18 Church at 9:15am</p>	<p>19 Go for a walk at Field Park</p>	<p>20 Marcus \$5with free popcorn. See board for details</p>	<p>21 10:30 am Bible Study at VELC with lunch to follow. See sign up board for details.</p>	<p>22 </p>	<p>23 9:30am Chair Yoga for Seniors behind the library. Masks and registration required.</p>	<p>24 </p>
<p>25 Church at 9:15am</p>	<p>26 Go for a walk at Field Park</p>	<p>27 9:00-noon Quilting at VELC. St. James Bingo</p>	<p>28 Lunch Bunch meets at Lucy's in North Prairie at 11:30am. See sign up board for details.</p>	<p>29 </p>	<p>30 9:30am Chair Yoga for Seniors behind the library. Masks and registration required.</p>	<p>31 Contact Deb Teresinski with questions: 262-363-4105</p>