

April 2020

Young at Heart Activity Calendar

3-4-2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Vernon Evangelical Lutheran Church (VELC)</p>	<p>Every Monday, Tuesday and Thursday meet in Shepherd hall for Exercise Class. Bring a mat/towel and hand weights.</p>	<p>Free Bingo w/ prizes at Mukwonago Town Hall On Tuesdays April 7 and 21</p>	<p>1 10:30am Bible Study at VELC with lunch to follow. See sign up board for details. Lent Service at 6:30pm, Soup and bread at 5:45</p>	<p>2 10:30am Crafts at VELC. Palm Crosses for Palm Sunday</p> <p>Exercise in Shepherd Hall at 8:30am</p>	<p>3 2:00pm Movie at Mukwonago Library</p> <p>St. James Fish Fry</p>	<p>4 Egg Hunt in Field Park at 10am</p>
<p>5 Palm Sunday Church at 8:15am and 10:15am</p>	<p>6 Exercise with Wendy in Shepherd Hall 8:30am. Bring a yoga mat or towel and hand weights.</p>	<p>7 2:00 Bingo for adults at Mukwonago library</p> <p>Exercise in Shepherd Hall at 8:30am</p>	<p>8 Clean your house for Easter guests</p> 	<p>9 Maundy Thursday Service at 7:00pm</p> <p>Exercise in Shepherd Hall at 8:30am</p>	<p>10 Good Friday Service at 7:00pm</p> <p>St. James Fish Fry</p>	<p>11 9:00am Winter Farmer's Market at Mukwonago Public Library</p>
<p>12 Easter Church at 8:15 and 10:15am Blood Pressure Screening</p>	<p>13 1:00pm Page Turners Book Club at Mukwonago Public Library</p> <p>Exercise in Shepherd Hall at 8:30am</p>	<p>14 9:00-3:00pm Quilting at VELC. Bring your lunch. St. James Bingo 7pm</p> <p>Exercise in Shepherd Hall at 8:30am</p>	<p>15</p> 	<p>16 St. James SAGES – 1:30-3:15pm Meets at lower level of Village Hall 440 River Crest Ct</p> <p>Exercise in Shepherd Hall at 8:30am</p>	<p>17 2:00pm Movie at Mukwonago Library.</p>	<p>18</p> 
<p>19 Church at 8:15am and 10:15am</p>	<p>20 Exercise with Wendy in Shepherd Hall 8:30am. Bring a yoga mat or towel and hand weights.</p>	<p>21 Marcus \$5 with free popcorn. See board for details.</p> <p>Exercise in Shepherd Hall at 8:30am</p>	<p>22 Lunch Bunch meets at Cornerstone in Genesee Depot at 11:30am. See board for details.</p>	<p>23 Exercise in Shepherd Hall at 8:30am</p>	<p>24 2:00pm Movie at Mukwonago Library.</p>	<p>25 Join the Youth at their annual Gala dinner fundraiser at VELC</p>
<p>26 Church at 8:15am and 10:15am</p>	<p>27 Exercise with Wendy in Shepherd Hall 8:30am. Bring a yoga mat or towel and hand weights.</p>	<p>28 9:00-3:00pm Quilting at VELC. Bring your lunch. St. James Bingo 7pm</p> <p>Exercise in Shepherd Hall at 8:30am</p>	<p>29 Mukwonago Resource Center Seniors Plus 9:00am every Thursday</p>	<p>30 Exercise in Shepherd Hall at 8:30am</p>	<p>Young at Heart bulletin board in hallway.</p>	<p>Contact Deb Teresinski with questions: 262-363-4105</p>