



October 2019

Young at Heart Activity Calendar

8-25-2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Young at Heart bulletin board in hallway.</p>	<p>Vernon Evangelical Lutheran Church (VELC)</p>	<p>1 2:00 pm Bingo for adults at Mukwonago Library</p>	<p>2 10:30 am Bible Study at VELC with lunch to follow. See sign up board for details.</p>	<p>3 10:30am Crafts. We'll be making a cheesecloth ghost. Limit 10</p>	<p>4 9:30am Chair Yoga and 2pm Movie at Mukwonago Library</p>	<p>5 9:00 am Apraxia Walk at Field Park in Mukwonago</p>
<p>6 Church at 8:15am and 10:15 am</p>	<p>7 Go for a walk at Field Park</p>	<p>8 9:00-3:00pm Quilting at VELC. Bring your lunch. St. James Bingo</p>	<p>9 10:30am Lunch and Learn at VELC. Come see pictures about Deb's trip to Europe.</p>	<p>10</p>	<p>11 2pm Movie at Mukwonago Library</p>	<p>12 Mukwonago Fire Department Annual Open House at 10:00am</p>
<p>13 Church at 8:15am and 10:15 am Blood Pressure Screening</p>	<p>14 1:00pm Page Turners Book Club at Mukwonago Public Library</p>	<p>15 Marcus \$5with free popcorn. See board for details</p>	<p>16 Go to Phantom Lake YMCA Camp for cards and board games 2-4pm</p>	<p>17 St. James SAGES – \$20 yearly dues 1:30-3:15pm Meets at lower level of Village Hall 440 River Crest Court</p>	<p>18 2pm Movie at Mukwonago Library</p>	<p>19 Sweetest Day! </p>
<p>20 Church at 8:15am and 10:15 am</p>	<p>21 Go for a walk at Field Park</p>	<p>22 9:00-3:00pm Quilting at VELC. Bring your lunch. St. James Bingo</p>	<p>23 Lunch Bunch meet at Chen's at 11:30am. See sign up board for details.</p>	<p>24  Carve your pumpkin!</p>	<p>25 9:30am Chair Yoga and 2pm Movie at Mukwonago Library</p>	<p>26 Jack-o-lantern Jaunt at Field Park</p>
<p>27 Church at 8:15am and 10:15 am</p>	<p>28 Go for a walk at Field Park</p>	<p>29 Free Bingo w/ prizes at Mukwonago Town Hall On Tuesdays October 10:00am- 11:00am</p>	<p>30 ***Farmer's Market at Field Park every Wednesday from 2:00pm-6:00pm</p>	<p>31 Mukwonago Resource Center Seniors Plus 9am every Thursday</p>	<p></p>	<p>Contact Deb Teresinski with questions: 262-363-4105</p>