



August 2019

Young at Heart Activity Calendar

7-1-2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Young at Heart bulletin board in hallway.</p>	<p>Vernon Evangelical Lutheran Church (VELC)</p>	<p>Free Bingo w/ prizes at Mukwonago Town Hall On Tuesdays August 13 & 27 10:00am- 11:00am</p>	<p>***Farmer's Market at Field Park every Wednesday from 2:00pm-6:00pm</p>	<p>1 No crafts this month. Mukwonago Resource Center Seniors Plus 9am every Thursday</p>	<p>2 9:30am – Chair Yoga for Seniors at Mukwonago Library 2pm Movie at Mukwonago Library</p>	<p>3 Wisconsin State Fair is open August 1-11 at the State Fair Grounds in West Allis.</p>
<p>4 Church at 9:15am</p>	<p>5 Go for a walk at Field Park</p>	<p>6 </p>	<p>7 Enjoy the Day</p>	<p>8 </p>	<p>9 2pm Movie at Mukwonago Library</p>	<p>10 </p>
<p>11 Church at 9:15am Blood Pressure Screening</p>	<p>12 Go for a walk at Field Park</p>	<p>13 9:00-noon VELC Join us in the quilting room St. James Bingo</p>	<p>14 </p>	<p>15 St. James SAGES – \$20 yearly dues 1:30-3:15pm Meets at lower level of Village Hall 440 River Crest Court</p>	<p>16 9:30am – Chair Yoga for Seniors at Mukwonago Library 2pm Movie at Mukwonago Library</p>	<p>17 Maxwell Street Days Flea Market Irish Fest in Milwaukee</p>
<p>18 Church at 9:15am Maxwell Street Days</p>	<p>19 Go for a walk at Field Park</p>	<p>20 Marcus \$5 with free popcorn. See board for details</p>	<p>21 </p>	<p>22 </p>	<p>23 2pm Movie at Mukwonago Library St. James's Festival</p>	<p>24 St James's Parish Festival Mexican Fiesta in Milwaukee</p>
<p>25 Church at 9:15am</p>	<p>26 Go for a walk at Field Park</p>	<p>27 9:00-noon VELC Join us in the quilting room St James Bingo</p>	<p>28 Lunch Bunch meets at Culvers at 11:30am. See sign up board for details.</p>	<p>29 </p>	<p>30 9:30am – Chair Yoga for Seniors at Mukwonago Library and 2pm Movie at Mukwonago Library</p>	<p>31 Contact Deb Teresinski with questions: 262-363-4105</p>